



ANTOJITOS APPETIZERS

Sopa

Soup of the day.... Cup \$3.95 Bowl \$5.95

(GF) Ceviche

Lime marinated halibut cocktail \$12.25

(GF) Guacamole & Chips..... \$9.95

Quesadilla

Grilled cheese tortillas SM \$5.95 LG 9.95

(GF) Flautas

Four shrimp filled crispy rolls..... \$12.25

(GF) Prawns Coriander

Grilled prawns in creamy coriander butter sauce over rice \$13.95

Quesadilla Del Mar

Whole wheat quesadilla with cheese, red onions & jalapeños.

With shrimp \$14.95

With chicken \$12.95

Petito Combi

Beef nachos & a small quesadilla ... \$15.95

Combination Appy

Nachos frijoles, two shrimp flautas & a small quesadilla \$19.95

Bandito

Two shrimp flautas & a small quesadilla \$11.95

(GF) NACHOS SUPREMOS

Beef.....SM \$12.50 LG \$17.25

ChickenSM \$12.95 LG \$17.75

Shrimp.....SM \$13.50 LG \$18.95

Frijoles.....SM \$11.25 LG \$16.50

CheeseSM \$10.50 LG \$14.50

ROLL-UPS

Steak \$11.95

Chicken \$12.25

Shrimp..... \$13.95

Veggie \$10.50

Halibut..... \$14.50

SALADS

(GF) Garden salad..... \$8.25

(GF) Spinach Salad..... \$10.75

With shrimp \$17.75

(GF) Taco Salad

Your choice of corn chips or crispy flour tortilla bowl.

Beef..... \$15.95

Chicken \$16.25

Shrimp..... \$17.95

Frijoles..... \$13.95

LA COMIDA: ALL TIME FAVOURITES

Southwestern Burrito

Two grilled whole wheat tortillas with spinach, chipotle sauce & your choice of:
 Grilled breast of chicken \$14.75
 Shrimp & halibut \$17.25
 Shrimp & wild sockeye salmon \$15.95
 Add rice, beans & corn..... \$3.00

(GF) Huevos Rancheros

Scrambled eggs baked in ranchero salsa, served with frijoles, corn, fruit & flour or corn tortilla \$14.25

Don Juan

Veggie & cheese omelet inside a grilled flour tortilla \$12.95

QUESADILLA SUPREMOS

In a grilled flour tortilla with pico de gallo & cheese.

Beef..... \$15.95

Chicken \$16.25

Shrimp..... \$17.95

Veggie \$14.95

Halibut..... \$18.95

Our menu features wild BC shrimp, wild sockeye salmon, organic tofu and fresh local free range eggs.

MEXICAN SPECIALTIES

All specialties served with rice, beans & corn

SOFT TACOS

Two flour tortillas with:

Beef.....	\$16.95
Chicken	\$17.25
Shrimp.....	\$18.95
Veggie	\$15.95

(GF) TACOS DORADOS

Three grilled crispy corn tortillas with:

Beef.....	\$16.95
Chicken	\$17.25
Shrimp.....	\$18.95
Veggie	\$15.95

Fish Tacos

Two flour tortillas filled with halibut & medium chipotle sauce\$20.50

With wild sockeye salmon.....\$18.95

(GF) option available.

BURRITO OR CHIMICHANGA

Beef.....	\$16.95
Chicken	\$17.25
Shrimp.....	\$18.95
Veggie	\$15.95

(GF) ENCHILADAS

Beef.....	\$16.95
Chicken	\$17.25
Shrimp.....	\$18.95
Cheese	\$14.95
Cheese & tofu	\$15.95

(GF) Camarones Con Arroz

Grilled prawns with pico de gallo & seasonings, served on rice

Full Order\$21.95

½ Order\$16.95

(GF) Chilies Rellanos

3 Anaheim peppers stuffed with cream cheese, topped with mole, ranchero and verde salsa, served on rice.....\$16.95

FAJITAS

Sautéed pico de gallo & sweet peppers rolled with cheese in two soft flour tortillas.

Grilled sliced steak	\$17.95
Grilled breast of chicken	\$18.25
Wild sockeye salmon & shrimp	\$19.25
Halibut & shrimp	\$20.25

(GF) CHIPOTLE DINNERS

Baked over rice with spicy chipotle sauce & cheese.

Grilled sliced steak	\$18.95
Grilled chicken breast.....	\$19.25
Wild sockeye salmon & shrimp	\$20.95
Halibut & shrimp	\$21.95

COMBINATIONS

Chiquita

Small quesadilla (no jalapeños!), fresh fruit & choice of grilled chicken or

beans\$7.95

With halibut.....\$8.95

El Niño

Small quesadilla with:

Chicken tostada\$10.95

Bean tostada.....\$9.95

served with ensalada.

Adobe

Grilled chicken enchilada with mole sauce, small quesadilla, rice & corn.....\$16.75

Coyote

Cheese & rice enchilada with mole sauce, frijoles & cheese burrito with salsa verde, corn & ensalada.....\$15.95

COMBINATIONS

(GF) Tampico

Shrimp dorado, cheese enchilada with salsa verde, rice & frijoles\$16.75

Pueblo

Beef soft taco, chicken tostada, frijoles & rice.....\$16.75

Acapulco

Grilled chicken soft taco, two shrimp flautas, frijoles & corn.....\$16.75

Navajo

Grilled chicken burrito, beef enchilada, rice, frijoles & corn.....\$16.75

Veggie Variety

Rice & frijoles quesadilla supremo, cheese & tofu enchilada with salsa verde & ensalada\$15.95

(GF) Frisco Kid

Beef tostada, grilled chicken enchilada, rice, frijoles & corn.....\$16.75

(GF) Sierra

Chili rellano on rice, grilled chicken enchilada with mole sauce, frijoles, & corn\$16.75

Baja

Shrimp tostada, cheese & rice chimichanga, corn & frijoles.....\$16.75

Mazatlan

Beef burrito, grilled chicken chalupa, rice & corn.....\$16.75