

ANTOJITOS

> APPETIZERS


SOPA
> SOUP OF THE DAY
Bowl 7.5 | Cup 5

CEVICHE [GF]
Lime marinated prawn cocktail 15


GUACAMOLE & CHIPS [GF]
11

 QUESADILLA
Grilled cheese and jalapeño tortillas
Large 10 | Small 6

FLAUTAS [GF]
Four shrimp filled crispy rolls 15

 QUESADILLA DEL MAR
Whole wheat quesadilla with cheese,
red onions and jalapeños
Shrimp 16 | Chicken 15



 PETITO COMBI
Beef nachos & a small quesadilla 18

 COMBINATION APPY
Nachos frijoles, two shrimp flautas
& a small quesadilla 22

 BANDITO
Two shrimp flautas & a small quesadilla 13

NACHOS SUPREMOS [GF]


Beef or Chicken
Large 19.5 | Small 14.5
Shrimp
Large 21.5 | Small 15.5
Frijoles
Large 18.5 | Small 13.5
Cheese
Large 16.5 | Small 12.5

 GINA'S FAVOURITE!
[GF] GLUTEN FREE ITEM
 CONTAINS JALAPEÑOS
 VEGETARIAN OPTION
 VEGETARIAN ONLY

SALADS

GARDEN SALAD [GF]
9


SPINACH SALAD [GF]
12 | Shrimp add 7



 TACO SALAD [GF]
Your choice of corn chips or crispy flour
tortilla bowl
Chicken or Beef 17 | Shrimp 19 | Frijoles 15

LA COMIDA

PRAWNS CORIANDER [GF]
Grilled prawns in creamy coriander
butter sauce over rice 15

SOUTHWESTERN
Two grilled whole wheat tortillas with spinach,
cheese and mild chipotle sauce
Shrimp & Snapper 17
Grilled Breast of Chicken 15
Add side rice, beans and corn 6

 WRAPS
Loaded with all the fixin's
Chicken 14 | Steak 15
Shrimp 15 | Snapper 15 | Veggie 12
Add side rice, beans and corn 6

  QUESADILLA
SUPREMOS
In a grilled flour tortilla with pico de
gallo & cheese
Chicken or Beef 17
Snapper 18 | Shrimp 18 | Veggie 15
Add rice, beans and corn add 6

{ON THE SIDE}
Guacamole 3 | Chipotle Sauce 2
Salsa 2 | Chips 2 | Sour Cream 1
Add side rice, beans and corn 6
Side Salad 6



OUR MENU FEATURES WILD LOCAL SNAPPER, ORGANIC TOFU
AND FRESH LOCAL FREE RANGE EGGS

MEXICAN SPECIALTIES COMBINATIONS

All specialties served with rice, beans & corn

SOFT TACOS

Two flour tortillas with pico de gallo & cheese
Chicken or Beef 19.95 | Shrimp 21.95 | Veggie 17.95

TACOS DORADOS [GF]

Three grilled crispy corn tortillas with pico de gallo & cheese
Chicken or Beef 19.95 | Shrimp 21.95 | Veggie 17.95



FISH TACOS

Two flour tortillas filled with snapper, mild chipotle sauce, pico de gallo & cheese 22 [GF] option available

BURRITO | CHIMICHANGA

Chicken or Beef 19.95
Shrimp 21.95 | Veggie 17.95

ENCHILADAS [GF]

Chicken or Beef 19.95 | Shrimp 21.95
Cheese & Tofu 17.95 | Cheese 17.5

CAMARONES CON ARROZ [GF]

Grilled prawns with pico de gallo, seasonings & a side of salsa verde, served on rice
Full Order 24 | Half Order 19

CHILES RELLENOS [GF]

Three Anaheim peppers stuffed with cream cheese, baked & topped with molé, ranchero and verde salsa, served on rice 19.5

FAJITAS

Sautéed pico de gallo & sweet peppers rolled with cheese in two soft flour tortillas
Grilled Chicken Breast 21.5
Grilled Sliced Steak 22.95
Snapper & Shrimp 22.95



CHIPOTLE DINNERS [GF]

Baked over rice with medium chipotle sauce & cheese
Grilled Chicken Breast 24.5
Grilled Sliced Steak 27
Snapper & Shrimp 27

{ON THE SIDE}

Guacamole 3 | Chipotle Sauce 2 | Salsa 2
Chips 2 | Sour Cream 1 | Side Salad 6
Add side rice, beans and corn 6



GINA'S FAVOURITE!

[GF] GLUTEN FREE ITEM



CONTAINS JALAPEÑOS



VEGETARIAN OPTION



VEGETARIAN ONLY

CHIQUITA

Small quesadilla (no jalapeños), fresh fruit & choice of
Grilled Chicken or Beans 9.5
Snapper add 1

EL NIÑO

Small quesadilla (no jalapeños) served with ensalada with choice of
Chicken Tostada 13 | Bean Tostada 12



ADOBE

Grilled chicken enchilada with molé sauce, small quesadilla, rice & corn 19.95



COYOTE

Cheese & rice enchilada with molé sauce, frijoles & cheese burrito with salsa verde, corn & ensalada 18.5

TAMPICO [GF]

Shrimp dorado, cheese enchilada with salsa verde, rice & frijoles 19.95

PUEBLO

Beef soft taco, chicken tostada, frijoles & rice 19.95



ACAPULCO

Grilled chicken soft taco, two shrimp flautas, frijoles & corn 19.5



NAVAJO

Grilled chicken burrito, beef enchilada, rice, frijoles & corn 19.95



VEGGIE VARIETY

Rice & frijoles quesadilla supremo, cheese & tofu enchilada with salsa verde & ensalada 18.5

FRISCO KID [GF]

Beef tostada, grilled chicken enchilada, rice, frijoles & corn 19.95

SIERRA [GF]

Chili rellano on rice, grilled chicken enchilada with molé sauce, frijoles, & corn 19.95

BAJA

Shrimp tostada, cheese & rice chimichanga, corn & frijoles 19.95

MAZATLAN

Beef burrito, grilled chicken chalupa, rice & corn 19.95

Substitute salad for one side 2

Substitute salad for two or more sides 3

Want it hotter? Dietary concerns?

Please ask your server!

Gluten and dairy-free options available.

Substitute soya cheese or vegan mozza for an extra charge.

Gracias!

ORDER TAKE-OUT AND DELIVERY ONLINE AT
WWW.GINASMEXICANCAFE.CA